

'Here is how you get better at Downpicking'

Sebastiside

Tune down 1 step

① = D ④ = C ⑦ = A

② = A ⑤ = G

③ = F ⑥ = D

♩ = 80

Exercise

Fretting hand mute

dist.guit.

Exercise 1 consists of three measures in 4/4 time. Each measure contains a sequence of downpicks on the strings, indicated by 'X' marks on the guitar staff. The fretting hand is muted, as indicated by the circled 'T' symbols above the notes. The notes are: Measure 1: 1 (D), 2 (A), 3 (F), 4 (C), 5 (G), 6 (D), 7 (A); Measure 2: 2 (A), 3 (F), 4 (C), 5 (G), 6 (D), 7 (A); Measure 3: 3 (F), 4 (C), 5 (G), 6 (D), 7 (A). The guitar staff shows the fretting hand positions with 'X' marks for muted notes and '0' for open strings. The bass staff shows the fretting hand positions with '7' for the 7th fret and '0' for the open string.

Exercise 2

♩ = 130

Exercise 2 consists of three measures in 2/4 time. Each measure contains a sequence of downpicks on the strings, indicated by 'X' marks on the guitar staff. The fretting hand is muted, as indicated by the circled 'T' symbols above the notes. The notes are: Measure 4: 4 (C), 5 (G), 6 (D), 7 (A); Measure 5: 5 (G), 6 (D), 7 (A); Measure 6: 6 (D), 7 (A). The guitar staff shows the fretting hand positions with 'X' marks for muted notes and '0' for open strings. The bass staff shows the fretting hand positions with '7' for the 7th fret and '0' for the open string.

Exercise 2 continues with measures 7, 8, and 9. Each measure contains a sequence of downpicks on the strings, indicated by 'X' marks on the guitar staff. The fretting hand is muted, as indicated by the circled 'T' symbols above the notes. The notes are: Measure 7: 7 (A), 8 (C), 9 (E), 10 (G), 11 (B), 12 (D); Measure 8: 8 (C), 9 (E), 10 (G), 11 (B), 12 (D); Measure 9: 9 (E), 10 (G), 11 (B), 12 (D). The guitar staff shows the fretting hand positions with 'X' marks for muted notes and '0' for open strings. The bass staff shows the fretting hand positions with '7' for the 7th fret and '0' for the open string.

Exercise 2 continues with measures 10, 11, and 12. Each measure contains a sequence of downpicks on the strings, indicated by 'X' marks on the guitar staff. The fretting hand is muted, as indicated by the circled 'T' symbols above the notes. The notes are: Measure 10: 10 (G), 11 (B), 12 (D); Measure 11: 11 (B), 12 (D); Measure 12: 12 (D). The guitar staff shows the fretting hand positions with 'X' marks for muted notes and '0' for open strings. The bass staff shows the fretting hand positions with '7' for the 7th fret and '0' for the open string.

Riff

Fretting hand deadnote

Musical notation for measures 13-15. Measure 13 starts with a treble clef and a single note. Measure 14 is a double bar line. Measure 15 begins with a 4/4 time signature and a circled 'T' above the staff. The notation includes notes with 'H' (hammer-on) and 'P' (pull-off) markings. Below the staff, a circled 'T' is followed by 'P.M.' and 'H', 'P', 'H', 'P' markings.

TAB: 7 \

Musical notation for measures 16-18. Measure 16 has 'H' and 'P' markings above and below. Measure 17 has a circled 'T' and 'H' above, and circled 'T' and 'H' below. Measure 18 has 'H', 'P', 'H', 'P', 'H' above and below. A 'sl.' (slide) marking is present in measure 16. The TAB line shows fret numbers and 'X' marks for dead notes.

TAB: 7-10-X-10-7 7-9-X 9-7-X 7-10-X 6-X-X-0-X-X 6-9 X-X-X-0-X-0-X-X 6-9-X-9-6-X-6-7-X-7-6-X-6-9 X-X

Musical notation for measures 19-21. Measure 19 has circled 'T' and 'H' markings. Measure 20 has 'H H' and circled 'T' markings. Measure 21 has circled 'T' and 'H H' markings. A 'P.M.' marking is present in measure 20. The TAB line shows fret numbers and 'X' marks.

TAB: 3-X-X-0-X-X 3-7 X-X-X-0-X-0-X 0-3-7 X-0-X-X 0-3-7-X-7-3-3-7 2-0-X-X-0-X-X 0-2-6 X-X-X-0-X-X

Musical notation for measures 22-23. Measure 22 has 'H' and circled 'T' markings. Measure 23 has 'H H' and circled 'T' markings. The TAB line shows fret numbers and 'X' marks.

TAB: 2-6 X-0-X-X 0-2-6 X-X-X-1-X-X 0