

# Banana Cream Overnight Oats



## Ingredients

1/2 C dry Oats  
1/2 C Fat Free Fairlife Milk  
1 scoop Vanilla Protein Powder  
5.3 oz container Great Value Light Greek Banana Cream Yogurt  
1/4 Ripe Banana, sliced or chopped  
2 Tbsp SF Syrup, or sweetener of choice

## Instructions

1. In a sealable container, add your oats, milk, protein powder, yogurt, syrup, and bananas.
2. Mix well. If you prefer, you can leave the bananas out and use as topping.
3. Cover and place in the fridge overnight. You can eat these cold or warmed up the next day.
4. Enjoy!

## Nutrition Profile

Calories - 413  
Fat - 3g  
Carbohydrates - 53g  
Protein - 46g

  @zachcoen

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